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DRS. BERGHASH & LANZA, P.L. D/B/A
South Coast Ear, Nose & Throat

LESLIE R. BERGHASH, M.D., F.A.C.S.*

JOHN T. LANZA, M.D., F.A.C.S.*

CAMYSHA H. WRIGHT, M.D.

JACOB W. ZEIDERS III, M.D.*

**BOARD CERTIFIED*

WHAT TO EXPECT AFTER CRYOSURGERY

Physicians use freezing agents to treat certain skin growths such as warts, skin tags, age spots and a variety of other skin lesions related to sun exposure.

From a few hours to a few days after treatment the area may blister, turn black or form a scab. This is a desirable result. In some patients no reaction is apparent.

1. You are allowed to get the area wet even immediately after treatment.
2. If the area is painful within the first few hours after treatment, soaking the area in warm water and taking aspirin will give pain relief. Most people have little or no pain from this treatment.
3. It is not necessary to cover the area with a bandage. In fact, that is undesirable. Treated areas heal better if left open to air. You should protect the area from injury as much as possible.
4. Painful large blisters (even blisters filled with blood) can occur at times. These can be opened and the fluid drained to relieve the pain. This should be done by your physician; unless specifically instructed by your physician. If such painful blisters occur or if you have any other trouble with the treated area contact your physician.
5. As the treated area heals, the unwanted skin growth will fall off. This will take several days to weeks depending on the size and nature of the growth treated, the location, and the way your body heals.
6. Allow the growth to fall off by itself, do not pick at it or pull it off.
7. When the growth does come off, the skin underneath will be somewhat red. As time passes it will assume the color of normal skin. Do not bandage, pick at or apply any medications to the site after the growth has fallen off. The area may be sensitive to touch, temperature and be itchy as it heals. This is normal and it may take some time before it is exactly like the skin around it once more.
8. Follow-up of these skin lesions usually occurs in three-month intervals. An appointment should be made following the procedure.
9. If you have any questions, please call the office at (772) 398-9911, (772) 464-6055, (863) 357-7791 or contact the Answering Service after hours by dialing (772) 320-0400.