



**SCENT**  
SOUTH - COAST - EAR - NOSE - THROAT

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## **Fiberoptic Endoscopic Evaluation of Swallowing (FEES)**

The FEES is a special test that allows your doctor and your speech therapist, also called a speech and language pathologist (SLP) to find out why you have trouble swallowing. A thin, flexible tube called a scope is put in through your nose to look at your throat as you swallow.

The test will help your doctor, your speech therapist, and you plan what types of food and liquids are safest for you to swallow. Your speech therapist will use the test to find ways to help you swallow more easily and safely.

Different liquids and foods will be given to you to chew and swallow. The food and liquids may be colored to make them easier to see. Your speech therapist will tell you when to chew and swallow as he/she watches the pictures of your swallowing on the screen.

You may be asked to turn your head, hold your breath, cough or take smaller bites to help find what makes it easier for you to swallow.

You will drink liquids and eat pudding, fruit and a cookie during the test. Other food and liquids may be tried based on your swallowing problems.

### **AFTER THE TEST:**

Your speech therapist will review the test to check any other problems with your swallowing. The results will be shared with your doctor along with ideas about what and how you should eat and drink.

Your speech therapist will also review the results with you. You will be given a swallowing plan and any special materials you may need to help you with your swallowing problems.